

Summary of PREP Performance Measures Plan

The Personal Responsibility Education Program (PREP) is a key element of a multipronged federal strategy to reduce teenage pregnancies and sexually transmitted infections. PREP programs are required to educate youth on both abstinence and contraception. Another requirement of the PREP program is that grantees must incorporate at least three of the following adulthood preparation subjects into their programming: adolescent development, healthy relationships, healthy life skills, parent-child communication, educational and career success, and financial literacy.

PREP includes four funding streams. State PREP provides grants to state and territorial agencies, Tribal PREP provides grants to tribes or tribal communities, and Competitive PREP provides grants to organizations and entities in states and territories that choose not to apply for State PREP formula grants. State, Tribal, and Competitive PREP provide grants to replicate, or substantially incorporate elements of, programs that have been shown to be effective at delaying sexual initiation, reducing pregnancy, and increasing contraceptive use among sexually active youth. The fourth funding stream, PREP Innovative Strategies (PREIS), provides grants to organizations implementing and evaluating innovative strategies that previously have not been rigorously evaluated.

As part of their grant requirements, PREP grantees are expected to collect and report PREP performance measures to the Administration for Children & Families (ACF).

PREP performance measures

The primary purpose of collecting PREP performance measures is to obtain information from all grantees on the extent to which the PREP objectives are being met and to contribute to lessons learned from implementing evidence-based programs (through the State, Tribal, and Competitive PREP grants) or innovative strategies (through the PREIS grants). Performance measures can be used for program management but should not be used to measure program effectiveness. For example, the federal program office, grantees, and their subrecipients can use PREP performance measures data to inform program improvement efforts. PREP grantees began submitting performance measures data for the 2011–2012 federal grant year, and the performance measures were revised several times, most recently including revisions to the participant entry and exit surveys used beginning February 1, 2022.

Performance measures are collected at several levels (as applicable), and each grantee implements data collection responsibilities that best reflect its own implementation

structure. ACF has defined measures at the grantee, provider, and program levels. For example, for some performance measures, grantees provide data about activities that they undertake directly at the grantee level. For other measures, data are based on information about each separate provider that serves youth directly or each program that a provider is implementing.¹ Ultimately, the grantees are responsible for submitting performance measures from all applicable levels to ACF.

There are three categories of PREP performance measures for data collection and submission:

1. Structure, cost, and support for program implementation
2. Attendance, reach, and dosage
3. Participants' characteristics, behaviors, program experiences, and perceptions of effects

Recently revised items are indicated with an asterisk (*) below.

Structure, cost, and support for program implementation Measures

Grantee level:

- ◆ Changes in operational status due to COVID-19
- ◆ PREP funding obligated, overall and by spending category
- ◆ Number of grantee staff and full-time equivalents (FTEs)
- ◆ Training, technical assistance, and monitoring, including the types of organizations providing these supports

Provider level:

- ◆ Implementation challenges and needs for technical assistance
- ◆ PREP and non-PREP funding
- ◆ Provider staff administering PREP
- ◆ Number of facilitators
- ◆ Numbers of facilitators trained and observed implementing PREP programming

Program level:

- ◆ Program model implemented

¹ Grantees can serve as providers themselves or contract with subrecipient providers that directly serve youth.

- ◆ Intended program delivery hours
- ◆ Target populations
- ◆ Adulthood preparation subjects covered and source of the content

Guidelines for data collection and submission

- Data collection and submission periods:
 - ◆ Data collection for these measures reflects structure, cost, and support for program implementation for each federal grant year.
 - ◆ Grantees submit these measures every summer. For example, data covering October 2022 to September 2023 will be submitted during the summer (July/August) 2023 data submission for all PREP grants.

Optional tools that grantees and providers may use to organize the data for submission are available at <http://www.prepeval.com>.

For additional information on measures of structure, cost, and support for program implementation, see [Definitions of Measures of Structure, Cost, and Support for Implementation](#).

Attendance, reach, and dosage

Measures

- Program level:
 - ◆ Number of youth who ever attended, overall, by grade grouping (middle school, high school or older), and by setting
 - ◆ Number of youth completing at least 75 percent of intended program hours
 - ◆ Whether a majority of youth were from a specific population (such as involved in foster care or juvenile justice)*
- Cohort level:
 - ◆ Number of cohorts that ended programming
 - ◆ Number of program hours delivered for each cohort

Guidelines for data collection and submission

Data collection and submission periods:

- ◆ PREP grantees submit these data twice a year. For example:
 - Data collected from July to December 2022 will be submitted in winter (January/February) 2023 for all PREP grants.
 - Data collected from January to June 2023 will be submitted in summer (July/August) 2023.

* Revised starting with winter 2022 data submission.

Optional tools that grantees and providers may use to collect these measures and prepare them for submission are available at <http://www.prepeval.com>.

For additional information on measures of attendance, reach, and dosage, see [Definitions of Measures of Attendance, Reach, and Dosage](#).

Participants' characteristics, behaviors, program experiences, and perceptions of effects

Grantees collect the following measures through participant entry and exit surveys and submit the data at the program level. There are four versions of the revised entry survey used beginning in February 2022:

- State/Competitive PREP high school and older version
- State/Competitive PREP middle school version
- PREIS/Tribal PREP high school and older version
- PREIS/Tribal PREP middle school version

And two versions of the revised exit survey:

- High school and older version
- Middle school version

Measures

- Measures of survey administration
 - ◆ Number of surveys completed, by grade grouping (middle school, high school, or older)
 - ◆ Whether program received an approved waiver for any entry or exit survey items
 - ◆ Whether program was unable to collect entry or exit survey data due to COVID-19
 - ◆ Modes of data collection for entry and exit surveys
- Measures of participants' characteristics (at program entry and exit)²
 - ◆ Age
 - ◆ Grade
 - ◆ Language spoken at home
 - ◆ Race and ethnicity*
 - ◆ Sex
 - ◆ Living situation*

* Revised starting with summer 2022 data submission.

² The PREIS/Tribal PREP versions of the entry survey include only these items.

- Measures of participants' behaviors (at program entry):
 - ◆ Behaviors related to the six Adulthood Preparation Subjects*³
 - ◆ Behaviors related to sexual activity⁴
- Measures of participants' perceptions of program effects (at program exit):
 - ◆ Perceptions of how the PREP program affected their behaviors related to the six Adulthood Preparation Subjects*
 - ◆ Perceptions of how the PREP program affected their sexual behaviors and intentions*⁵
- Measures of participants' program experiences (at program exit):*
 - ◆ Experiences with peers and program facilitators
 - ◆ Satisfaction with amount of material received about abstinence and birth control methods

Guidelines for data collection and submission

Data collection and submission periods:

- ◆ Grantees submit the data twice a year. For example:
 - Data collected from July to December 2022 will be submitted in winter (January/February) 2023 for all PREP grants.
 - Data collected from January to June 2023 will be submitted in summer (July/August) 2023.

Optional tools that grantees and providers may use to collect these measures and prepare them for submission are available at <http://www.prepeval.com>.

For additional information on these measures, see [Definitions of Measures of Participants' Characteristics, Behaviors, Perceptions of Program Effect and Program Experiences](#)

* Revised starting with summer 2022 data submission.

³ These items are not included in the PREIS/Tribal PREP versions of the entry survey.

⁴ These items are included only in the State/Competitive PREP high school and older version of the entry survey.

⁵ These items are included in only the high school and older version of the exit survey.

PREP Performance Measures Management System

Grantees submit all performance measures through the PREP Performance Measures Management System (PMMS) online data submission system. Grantees can access PMMS at <https://www.app-pmms.com/>.

PREP Performance Monitoring Dashboard

Grantees can view visual displays of key performance measures for past submission periods through the PREP Performance Monitoring Dashboard. Grantees can access the dashboard at <https://www.app-pmms.com/>

Additional information about the Personal Responsibility Education Program (PREP) performance measures is available at www.prepeval.com. For further support, contact the Mathematica PREP Performance Measures technical assistance team at PREPPerformanceMeasures@mathematica-mpr.com or call toll-free 1-855-267-6270.