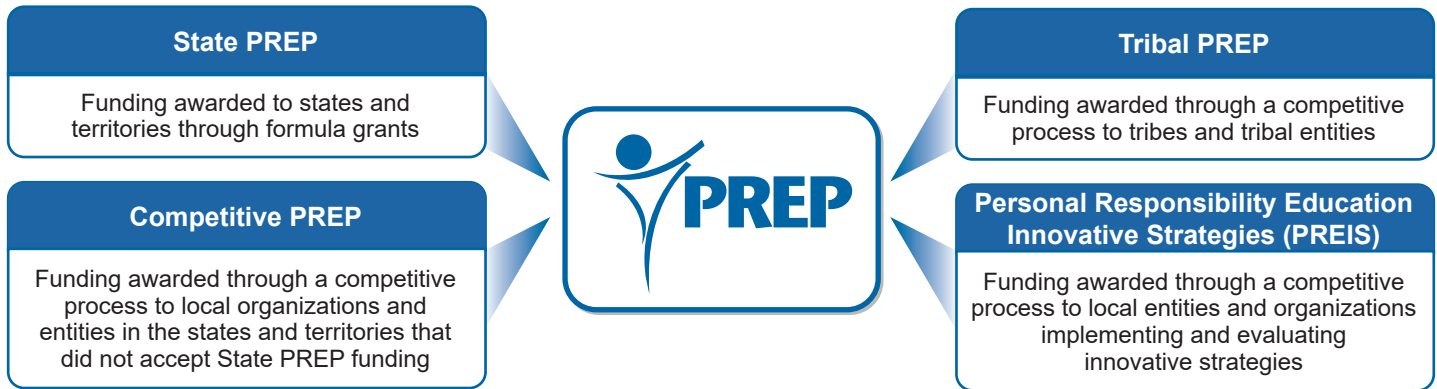


2019–2020 Performance Measures

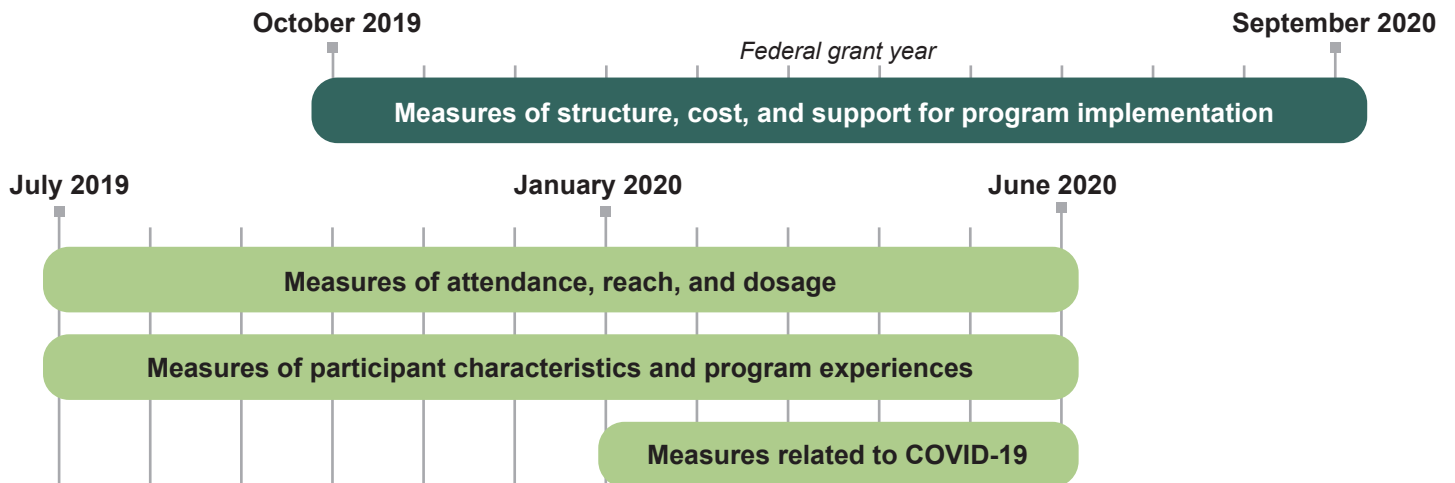
Background

The goal of the Personal Responsibility Education Program (PREP) is to educate adolescents on both abstinence and contraception for the prevention of pregnancy and sexually transmitted infections, including HIV/AIDS. PREP is administered by the Family and Youth Services Bureau (FYSB) within the Administration for Children and Families of the U.S. Department of Health and Human Services. PREP operates through four different funding streams:



More information on these grant programs is available at <https://www.acf.hhs.gov/fysb/adolescent-pregnancy-prevention>.

All PREP grantees are required to submit performance measures data to FYSB twice a year. This fact sheet is based on performance measures for the 2019–2020 reporting period, including the following:

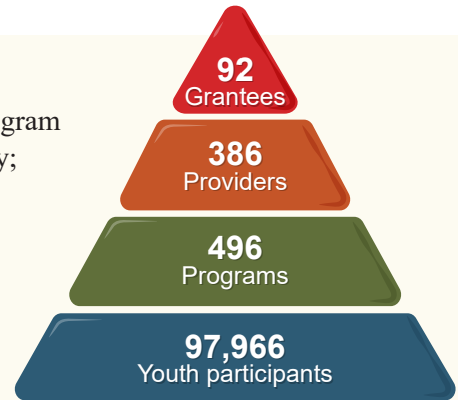


The COVID-19 pandemic, which began in early 2020, is important context for the findings. For example, the findings below on decreases in the number of PREP participants and increases in the percentage served online/virtually are likely due to the pandemic.

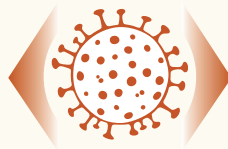
Scale

During the 2019–2020 reporting period, PREP funded 92 grantees and 386 program providers. Some program providers are PREP grantees that serve youth directly; others are subrecipients funded through a PREP grantee. Providers operated 496 programs, which served 97,966 youth during the period.

Among the 44,014 youth participating in January through June 2020, most participants were served before the COVID-19 pandemic impacted their communities.



40,386
youth served
before COVID-19



6,746
youth served
since COVID-19

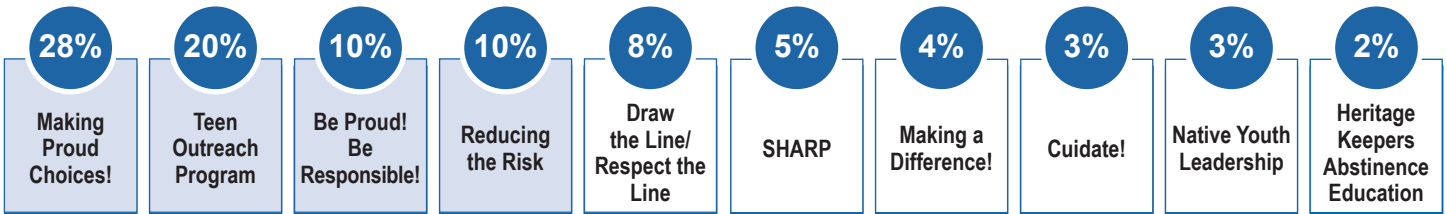


January through June 2020

The numbers of youth served before and since the COVID-19 pandemic do not sum to the total number of youth served in January through June 2020 because some youth began participating before the pandemic and continued after the pandemic began.

Program content

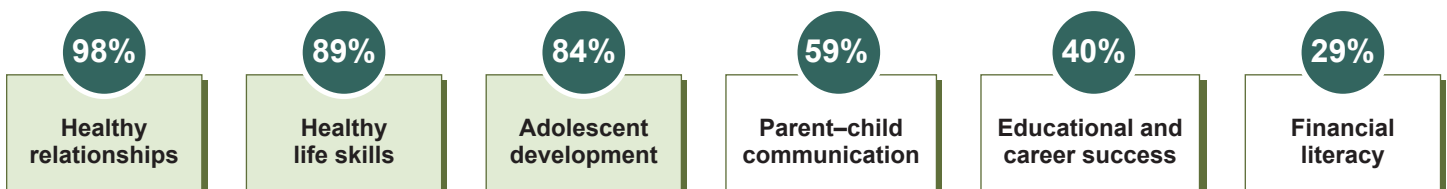
Providers most commonly implemented the following program models: Making Proud Choices!, Teen Outreach Program, Be Proud! Be Responsible!, and Reducing the Risk.



The most common program models differed by funding stream. Native Youth Leadership was the most common model among Tribal PREP programs, and Heritage Keepers Abstinence Education* was the most common model among Competitive PREP programs.

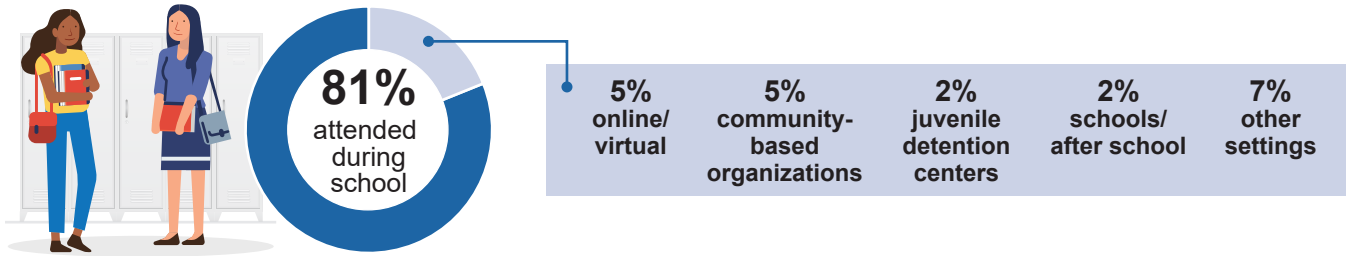
**The PREP programs that implemented Heritage Keepers also incorporated information on contraceptives into their program model to meet PREP requirements.*

PREP grantees **must address at least three of six adulthood preparation subjects (APS)**. Programs most commonly addressed healthy relationships, healthy life skills, and adolescent development. Sixteen percent of PREP programs addressed all six APS.



Setting

Participants primarily attended PREP programming in schools during school time.

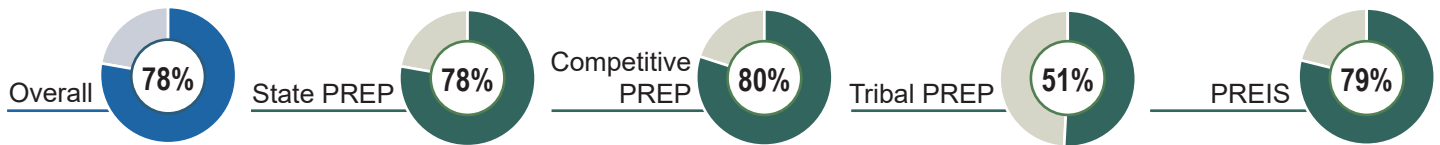


Program settings shifted with the COVID-19 pandemic. During the January to June 2020 reporting period, the percentage of participants served online/virtually increased from 4 percent before COVID-19 to 55 percent since disruptions related to the COVID-19 pandemic began.

Dosage

More than three-quarters of youth participants completed at least 75 percent of the intended programming hours overall. This percentage was highest for Competitive PREP programs and lowest for Tribal PREP programs.*

Percentage of participants receiving at least 75 percent of intended program hours

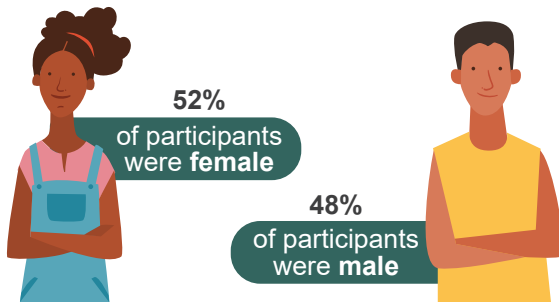


*This result may be due in part to Tribal PREP programs experiencing higher percentages of cohorts ending programming prematurely due to the COVID-19 pandemic.

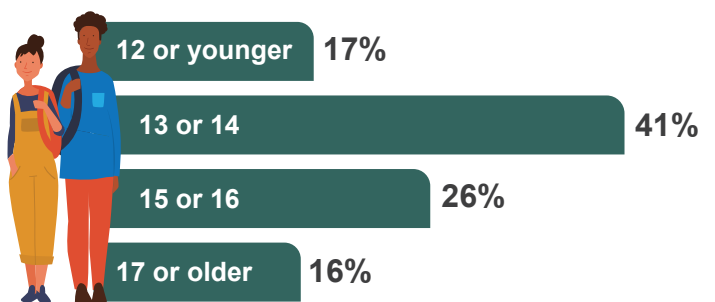
Characteristics of participants

PREP programs served diverse populations of youth.

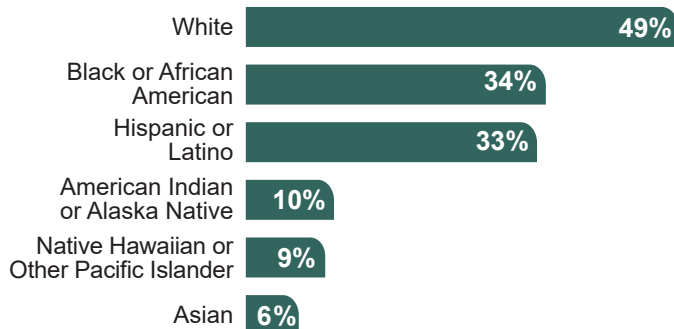
Sex



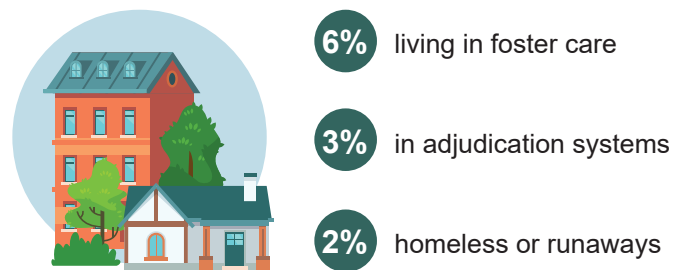
Age



Race and ethnicity

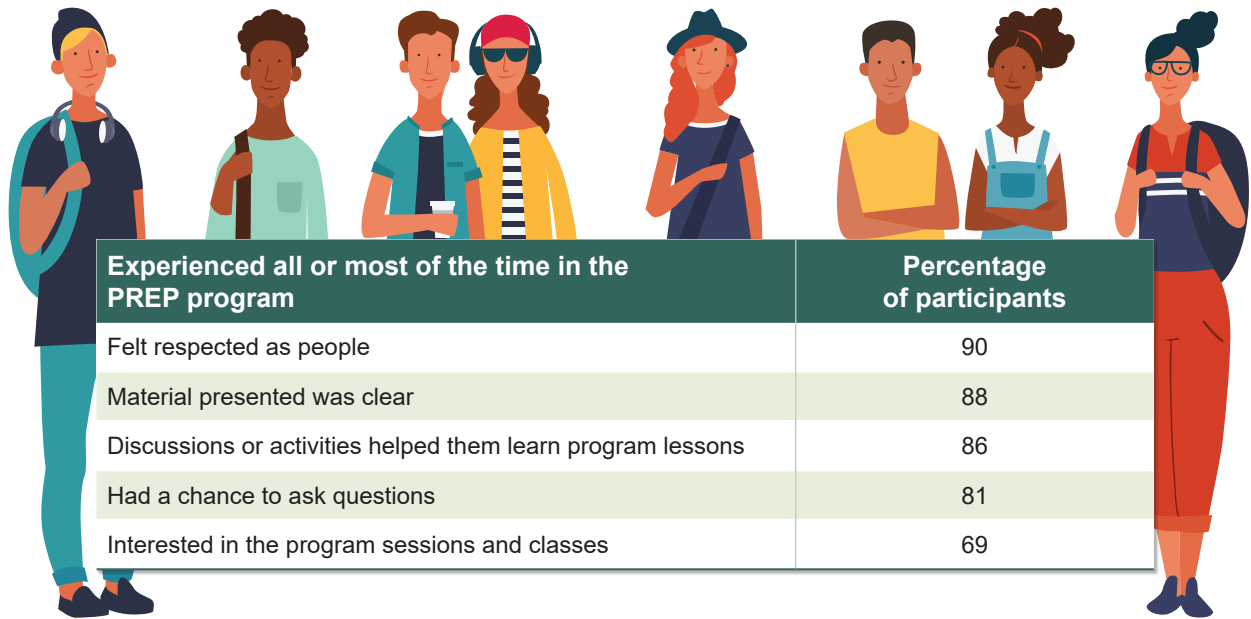


Living situation



Program experiences

At program exit, most youth reported positive perceptions of the PREP programs.



More information about PREP performance measures is posted on the www.prepeval.com website.

Suggested citation: Hulse, Lara, Lauren Murphy, and Diletta Mittone. "PREP Performance Measures Fact Sheet: 2019–2020." OPRE Report #2022-89. Washington, DC: Office of Planning, Research, and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services, 2022.

